



OCTOBER 16TH 2010

3:00

WAVE START

- 5:30 PM



1K FAMILY FUN WALK

Promoting Healthy Living &

Celebrating 125 years serving the community

DONATING SPONSORS

- Rochelle Walmart
- Woods Sporting Goods
- Stone Quarry Recreation Park
- Byron Park District
- Volcano Falls
- Don Carter Lanes
- Barnes & Noble
- Edwards Apple Orchard West
- LÄRABAR

Each family will walk a 1 K route on sidewalks in Stillman Valley, stopping at two locations to play some fun games. Be on the lookout for items on your walking card. At the end of the walk, each family will receive a goodie bag and a chance to win a gift basket with your walking card. A light meal for all participants will be served.

START & END AT

RT 72 & MAPLE ST.

STILLMAN VALLEY

(next to the water tower & Monument Park)

WWW.VALLEYCOV.ORG

ENTRY FEE : \$ 3 PER FAMILY

DEADLINE: OCT. 8TH



1K FAMILY FUN WALK ENTRY FORM

Please return entry form with \$3 to:

Valley Evangelical Covenant Church

103 S. Maple St. - PO Box 250 - Stillman Valley, IL 61084

First & Last Names of Parents participating

First & Last Names of Grandparents participating

Names & ages of Children/Grandchildren participating

Total number participating _____

Street Address _____

City/Zip _____ Phone _____

Email _____